

Thyroid:

	losing weight					
	5/25/2018	11/28/2018	8/28/2019	1/6/2020	Ref Range	Undoctored
TSH	1.61	2.03	2.21	1.40	.45-4.5 uIU/mL	2.0 or less
Thyroxine (T4)	7.1	6.7	7.0	6.7	4.5-12.0 ug/dL	
T3 Uptake	30.0	29.0	30.0	30.0	24-39%	
Free Thyroxine Index	2.1	1.9	2.1	2.0	1.2-4.9	
T4 Free (Direct)	1.41	1.36	1.30	1.42	.82-1.77 ng/dL	1.30 UHRR
Reverse T3	30.0	25.2	21.5	22.7	9.2-24.1 ng/dL	16.65 LHRR
Triiodothyronine, Free Serum (T3)	2.2	2.2	2.4	2.2	2.0-4.4 pg/mL	3.20 UHRR
Thyroid Peroxidase (TPO) Ab			9		0-34 IU/mL	
Thyroglobulin antibody			<1.0		.0-.9 IU/mL	

Started 1,000 mg of iodine on 3/26/2019. Dropped doasge to 270 mcg in June (accident); increased to 540 mcg on 12/29/19
 UHRR = Upper half of reference range; LHRR = Lower half of reference range